

2026 TIMETABLE



ADULTS

STUDIO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO ONE	Open Jazz 15 yrs + 7.45 - 8.45pm			Open Contemporary Teen and Adult Open 7.30 - 8.30pm		Barre Pilates 8.00 - 9.00am
STUDIO TWO		Mat Pilates 11:00 - 11:55am	Adult Ballet 7.45 - 8.45pm	Mat Pilates: Lunchtime Pilates for all ages and levels 12.00 - 12.55pm		
STUDIO THREE		Adult Tap Beginners 6.30 - 7.30pm				
BASEMENT STUDIO		Open Adult Hip Hop 15 yrs + OPEN 6.00 - 7.30pm				
6 DEVON STREET WEST		STRUT Adult Open Class 7.00 - 8.00pm				

BALLET

TAP

CONTEMPORARY

JAZZ

ACRO

HIP HOP

MUSICAL



THEATRE

BALLET

TAP

CONTEMPORARY

JAZZ

ACRO

HIP HOP